

## Wettkampf 3 - 400m Freistil weiblich

### Pflichtzeiten

2008: 07:05,52 2007: 06:32,59 2006: 06:07,36 2005: 05:47,32 2004: 05:33,89 2003: 05:25,80  
2002: 05:20,33 2001: 05:17,63 1999 bis 2000: 05:17,14 1998 und älter: 05:15,21

### Wertung des Jahrgangs 2008

| Platz                                  | Schwimmerin                                                                              | Jg.  | Verein          | Endzeit  |
|----------------------------------------|------------------------------------------------------------------------------------------|------|-----------------|----------|
| 1. und Bremer Landesjahrgangsmeisterin | Marie-Sophie Krägelin                                                                    | 2008 | SGS Bremerhaven | 06:12,03 |
|                                        | <i>100m: 01:22,55 (01:22,55)   200m: 02:58,55 (01:36,00)   300m: 04:36,38 (01:37,83)</i> |      |                 |          |
|                                        | <i>400m: 06:12,03 (01:35,65)</i>                                                         |      |                 |          |
| 2.                                     | Alia Manuszewski                                                                         | 2008 | TSV OT Bremen   | 06:34,34 |
|                                        | <i>100m: 01:33,02 (01:33,02)   200m: 03:14,64 (01:41,62)   300m: 04:56,94 (01:42,30)</i> |      |                 |          |
|                                        | <i>400m: 06:34,34 (01:37,40)</i>                                                         |      |                 |          |
| 3.                                     | Jarla Runge                                                                              | 2008 | SV Bremen 1910  | 06:46,58 |
|                                        | <i>100m: 01:32,91 (01:32,91)   200m: 03:16,51 (01:43,60)   300m: 05:01,74 (01:45,23)</i> |      |                 |          |
|                                        | <i>400m: 06:46,58 (01:44,84)</i>                                                         |      |                 |          |

### Wertung des Jahrgangs 2007

| Platz                                  | Schwimmerin                                                                              | Jg.  | Verein          | Endzeit  |
|----------------------------------------|------------------------------------------------------------------------------------------|------|-----------------|----------|
| 1. und Bremer Landesjahrgangsmeisterin | Marijam Barry                                                                            | 2007 | SGS Bremerhaven | 05:35,22 |
|                                        | <i>100m: 01:18,16 (01:18,16)   200m: 02:44,21 (01:26,05)   300m: 04:10,39 (01:26,18)</i> |      |                 |          |
|                                        | <i>400m: 05:35,22 (01:24,83)</i>                                                         |      |                 |          |
| 2.                                     | Ayleen Lang                                                                              | 2007 | Bremischer SV   | 05:49,51 |
|                                        | <i>100m: 01:21,76 (01:21,76)   200m: 02:50,71 (01:28,95)   300m: 04:20,49 (01:29,78)</i> |      |                 |          |
|                                        | <i>400m: 05:49,51 (01:29,02)</i>                                                         |      |                 |          |

### Wertung des Jahrgangs 2006

| Platz                                  | Schwimmerin                                                                              | Jg.  | Verein               | Endzeit  |
|----------------------------------------|------------------------------------------------------------------------------------------|------|----------------------|----------|
| 1. und Bremer Landesjahrgangsmeisterin | Malin Wickmann                                                                           | 2006 | SGS Bremerhaven      | 05:16,30 |
|                                        | <i>100m: 01:12,61 (01:12,61)   200m: 02:33,53 (01:20,92)   300m: 03:56,14 (01:22,61)</i> |      |                      |          |
|                                        | <i>400m: 05:16,30 (01:20,16)</i>                                                         |      |                      |          |
| 2.                                     | Lenya Joela Gambalat                                                                     | 2006 | SG Aumund - Vegesack | 05:42,03 |
|                                        | <i>100m: 01:20,47 (01:20,47)   200m: 02:48,98 (01:28,51)   300m: 04:17,30 (01:28,32)</i> |      |                      |          |
|                                        | <i>400m: 05:42,03 (01:24,73)</i>                                                         |      |                      |          |
| 3.                                     | Henriette Klätte                                                                         | 2006 | Bremischer SV        | 06:11,03 |
|                                        | <i>100m: 01:28,79 (01:28,79)   200m: 03:03,03 (01:34,24)   300m: 04:38,24 (01:35,21)</i> |      |                      |          |
|                                        | <i>400m: 06:11,03 (01:32,79)</i>                                                         |      |                      |          |

EnM

### Wertung des Jahrgangs 2005

| Platz                                  | Schwimmerin                                                                              | Jg.  | Verein                         | Endzeit  |
|----------------------------------------|------------------------------------------------------------------------------------------|------|--------------------------------|----------|
| 1. und Bremer Landesjahrgangsmeisterin | Jennifer-Ruth Proske                                                                     | 2005 | TSG Huchting/Blumenthal Bremen | 05:04,76 |
|                                        | <i>100m: 01:11,99 (01:11,99)   200m: 02:30,31 (01:18,32)   300m: 03:49,55 (01:19,24)</i> |      |                                |          |
|                                        | <i>400m: 05:04,76 (01:15,21)</i>                                                         |      |                                |          |

## noch Wettkampf 3 - 400m Freistil weiblich

### noch Wertung des Jahrgangs 2005

| Platz | Schwimmerin                                                                                                                                 | Jg.  | Verein               | Endzeit  |
|-------|---------------------------------------------------------------------------------------------------------------------------------------------|------|----------------------|----------|
| 2.    | Cindy Waespy<br><i>100m: 01:19,39 (01:19,39)   200m: 02:46,49 (01:27,10)   300m: 04:12,64 (01:26,15)<br/>400m: 05:35,80 (01:23,16)</i>      | 2005 | SGS Bremerhaven      | 05:35,80 |
| 2.    | Dilay Akin<br><i>100m: 01:17,46 (01:17,46)   200m: 02:44,20 (01:26,74)   300m: 04:12,41 (01:28,21)<br/>400m: 05:35,80 (01:23,39)</i>        | 2005 | S.V. "Weser" Bremen  | 05:35,80 |
| 4.    | Sina Joline Große<br><i>100m: 01:19,22 (01:19,22)   200m: 02:46,80 (01:27,58)   300m: 04:13,80 (01:27,00)<br/>400m: 05:36,00 (01:22,20)</i> | 2005 | SG Aumund - Vegesack | 05:36,00 |
| 5.    | Sarah Steinecke<br><i>100m: 01:17,71 (01:17,71)   200m: 02:45,57 (01:27,86)   300m: 04:15,15 (01:29,58)<br/>400m: 05:40,81 (01:25,66)</i>   | 2005 | Bremer SC            | 05:40,81 |
| 6.    | Laura Hartmann<br><i>100m: 01:18,59 (01:18,59)   200m: 02:47,47 (01:28,88)   300m: 04:17,66 (01:30,19)<br/>400m: 05:44,61 (01:26,95)</i>    | 2005 | SV Bremen 1910       | 05:44,61 |

### Wertung des Jahrgangs 2004

| Platz                                  | Schwimmerin                                                                                                                                       | Jg.  | Verein               | Endzeit  |
|----------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------|------|----------------------|----------|
| 1. und Bremer Landesjahrgangsmeisterin | Teresa Marit Uenzelmann<br><i>100m: 01:12,49 (01:12,49)   200m: 02:30,55 (01:18,06)   300m: 03:48,83 (01:18,28)<br/>400m: 05:03,62 (01:14,79)</i> | 2004 | SV Bremen 1910       | 05:03,62 |
| 2.                                     | Jil Emily Hierath<br><i>100m: 01:11,92 (01:11,92)   200m: 02:29,32 (01:17,40)   300m: 03:47,19 (01:17,87)<br/>400m: 05:04,12 (01:16,93)</i>       | 2004 | SGS Bremerhaven      | 05:04,12 |
| 3.                                     | Tasja Josefin Gambalat<br><i>100m: 01:12,59 (01:12,59)   200m: 02:30,40 (01:17,81)   300m: 03:48,40 (01:18,00)<br/>400m: 05:04,47 (01:16,07)</i>  | 2004 | SG Aumund - Vegesack | 05:04,47 |
| 4.                                     | Fanny Schröder<br><i>100m: 01:15,06 (01:15,06)   200m: 02:43,13 (01:28,07)   300m: 04:12,92 (01:29,79)<br/>400m: 05:37,59 (01:24,67)</i>          | 2004 | Bremer SC            | 05:37,59 |

EnM

### Wertung des Jahrgangs 2003

| Platz                                  | Schwimmerin                                                                                                                                 | Jg.  | Verein                         | Endzeit  |
|----------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------|------|--------------------------------|----------|
| 1. und Bremer Landesjahrgangsmeisterin | Lisa Sophie Domke<br><i>100m: 01:12,25 (01:12,25)   200m: 02:29,49 (01:17,24)   300m: 03:47,45 (01:17,96)<br/>400m: 05:02,58 (01:15,13)</i> | 2003 | TSG Huchting/Blumenthal Bremen | 05:02,58 |

### Wertung des Jahrgangs 2002

| Platz                                  | Schwimmerin                                                                                                                         | Jg.  | Verein          | Endzeit  |
|----------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------|------|-----------------|----------|
| 1. und Bremer Landesjahrgangsmeisterin | Pia Rothe<br><i>100m: 01:06,33 (01:06,33)   200m: 02:19,62 (01:13,29)   300m: 03:33,77 (01:14,15)<br/>400m: 04:44,80 (01:11,03)</i> | 2002 | SGS Bremerhaven | 04:44,80 |

## noch Wettkampf 3 - 400m Freistil weiblich

### noch Wertung des Jahrgangs 2002

| Platz | Schwimmerin                                                                                                                              | Jg.  | Verein          | Endzeit  |
|-------|------------------------------------------------------------------------------------------------------------------------------------------|------|-----------------|----------|
| 2.    | Jana Angerer<br><i>100m: 01:10,72 (01:10,72)   200m: 02:28,28 (01:17,56)   300m: 03:46,07 (01:17,79)<br/>400m: 04:59,48 (01:13,41)</i>   | 2002 | SV Bremen 1910  | 04:59,48 |
| 3.    | Vanessa Müller<br><i>100m: 01:10,31 (01:10,31)   200m: 02:30,39 (01:20,08)   300m: 03:50,50 (01:20,11)<br/>400m: 05:04,53 (01:14,03)</i> | 2002 | SGS Bremerhaven | 05:04,53 |

### Wertung des Jahrgangs 2001

| Platz                                  | Schwimmerin                                                                                                                             | Jg.  | Verein                         | Endzeit  |
|----------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------|------|--------------------------------|----------|
| 1. und Bremer Landesjahrgangsmeisterin | Lea Schilling<br><i>100m: 01:09,84 (01:09,84)   200m: 02:24,75 (01:14,91)   300m: 03:39,56 (01:14,81)<br/>400m: 04:51,25 (01:11,69)</i> | 2001 | TSG Huchting/Blumenthal Bremen | 04:51,25 |

### Offene Wertung

| Platz                         | Schwimmerin                                                                                                                                       | Jg.  | Verein                         | Endzeit  |
|-------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------|------|--------------------------------|----------|
| 1. und Bremer Landesmeisterin | Pia Rothe<br><i>100m: 01:06,33 (01:06,33)   200m: 02:19,62 (01:13,29)   300m: 03:33,77 (01:14,15)<br/>400m: 04:44,80 (01:11,03)</i>               | 2002 | SGS Bremerhaven                | 04:44,80 |
| 2.                            | Kyra Boxberger<br><i>100m: 01:08,62 (01:08,62)   200m: 02:23,00 (01:14,38)   300m: 03:38,55 (01:15,55)<br/>400m: 04:51,08 (01:12,53)</i>          | 1998 | SGS Bremerhaven                | 04:51,08 |
| 3.                            | Lea Schilling<br><i>100m: 01:09,84 (01:09,84)   200m: 02:24,75 (01:14,91)   300m: 03:39,56 (01:14,81)<br/>400m: 04:51,25 (01:11,69)</i>           | 2001 | TSG Huchting/Blumenthal Bremen | 04:51,25 |
| 4.                            | Jana Angerer<br><i>100m: 01:10,72 (01:10,72)   200m: 02:28,28 (01:17,56)   300m: 03:46,07 (01:17,79)<br/>400m: 04:59,48 (01:13,41)</i>            | 2002 | SV Bremen 1910                 | 04:59,48 |
| 5.                            | Sara Gäbler<br><i>100m: 01:10,71 (01:10,71)   200m: 02:28,09 (01:17,38)   300m: 03:45,45 (01:17,36)<br/>400m: 05:00,64 (01:15,19)</i>             | 1997 | SG Aumund - Vegesack           | 05:00,64 |
| 6.                            | Lisa Sophie Domke<br><i>100m: 01:12,25 (01:12,25)   200m: 02:29,49 (01:17,24)   300m: 03:47,45 (01:17,96)<br/>400m: 05:02,58 (01:15,13)</i>       | 2003 | TSG Huchting/Blumenthal Bremen | 05:02,58 |
| 7.                            | Teresa Marit Uenzelmann<br><i>100m: 01:12,49 (01:12,49)   200m: 02:30,55 (01:18,06)   300m: 03:48,83 (01:18,28)<br/>400m: 05:03,62 (01:14,79)</i> | 2004 | SV Bremen 1910                 | 05:03,62 |
| 8.                            | Jil Emily Hierath<br><i>100m: 01:11,92 (01:11,92)   200m: 02:29,32 (01:17,40)   300m: 03:47,19 (01:17,87)<br/>400m: 05:04,12 (01:16,93)</i>       | 2004 | SGS Bremerhaven                | 05:04,12 |
| 9.                            | Tasja Josefin Gambalat<br><i>100m: 01:12,59 (01:12,59)   200m: 02:30,40 (01:17,81)   300m: 03:48,40 (01:18,00)<br/>400m: 05:04,47 (01:16,07)</i>  | 2004 | SG Aumund - Vegesack           | 05:04,47 |
| 10.                           | Vanessa Müller<br><i>100m: 01:10,31 (01:10,31)   200m: 02:30,39 (01:20,08)   300m: 03:50,50 (01:20,11)<br/>400m: 05:04,53 (01:14,03)</i>          | 2002 | SGS Bremerhaven                | 05:04,53 |

**noch Wettkampf 3 - 400m Freistil weiblich****noch Offene Wertung**

| Platz | Schwimmerin                                                                              | Jg.  | Verein                         | Endzeit  |     |
|-------|------------------------------------------------------------------------------------------|------|--------------------------------|----------|-----|
| 11.   | Jennifer-Ruth Proske                                                                     | 2005 | TSG Huchting/Blumenthal Bremen | 05:04,76 |     |
|       | <i>100m: 01:11,99 (01:11,99)   200m: 02:30,31 (01:18,32)   300m: 03:49,55 (01:19,24)</i> |      |                                |          |     |
|       | <i>400m: 05:04,76 (01:15,21)</i>                                                         |      |                                |          |     |
| 12.   | Malin Wickmann                                                                           | 2006 | SGS Bremerhaven                | 05:16,30 |     |
|       | <i>100m: 01:12,61 (01:12,61)   200m: 02:33,53 (01:20,92)   300m: 03:56,14 (01:22,61)</i> |      |                                |          |     |
|       | <i>400m: 05:16,30 (01:20,16)</i>                                                         |      |                                |          |     |
| 13.   | Marijam Barry                                                                            | 2007 | SGS Bremerhaven                | 05:35,22 |     |
|       | <i>100m: 01:18,16 (01:18,16)   200m: 02:44,21 (01:26,05)   300m: 04:10,39 (01:26,18)</i> |      |                                |          |     |
|       | <i>400m: 05:35,22 (01:24,83)</i>                                                         |      |                                |          |     |
| 14.   | Cindy Waespy                                                                             | 2005 | SGS Bremerhaven                | 05:35,80 |     |
|       | <i>100m: 01:19,39 (01:19,39)   200m: 02:46,49 (01:27,10)   300m: 04:12,64 (01:26,15)</i> |      |                                |          |     |
|       | <i>400m: 05:35,80 (01:23,16)</i>                                                         |      |                                |          |     |
| 14.   | Dilay Akin                                                                               | 2005 | S.V. "Weser" Bremen            | 05:35,80 |     |
|       | <i>100m: 01:17,46 (01:17,46)   200m: 02:44,20 (01:26,74)   300m: 04:12,41 (01:28,21)</i> |      |                                |          |     |
|       | <i>400m: 05:35,80 (01:23,39)</i>                                                         |      |                                |          |     |
| 16.   | Sina Joline Große                                                                        | 2005 | SG Aumund - Vegesack           | 05:36,00 |     |
|       | <i>100m: 01:19,22 (01:19,22)   200m: 02:46,80 (01:27,58)   300m: 04:13,80 (01:27,00)</i> |      |                                |          |     |
|       | <i>400m: 05:36,00 (01:22,20)</i>                                                         |      |                                |          |     |
| 17.   | Fanny Schröder                                                                           | 2004 | Bremer SC                      | 05:37,59 | EnM |
|       | <i>100m: 01:15,06 (01:15,06)   200m: 02:43,13 (01:28,07)   300m: 04:12,92 (01:29,79)</i> |      |                                |          |     |
|       | <i>400m: 05:37,59 (01:24,67)</i>                                                         |      |                                |          |     |
| 18.   | Sarah Steinecke                                                                          | 2005 | Bremer SC                      | 05:40,81 |     |
|       | <i>100m: 01:17,71 (01:17,71)   200m: 02:45,57 (01:27,86)   300m: 04:15,15 (01:29,58)</i> |      |                                |          |     |
|       | <i>400m: 05:40,81 (01:25,66)</i>                                                         |      |                                |          |     |
| 19.   | Lenya Joela Gambalat                                                                     | 2006 | SG Aumund - Vegesack           | 05:42,03 |     |
|       | <i>100m: 01:20,47 (01:20,47)   200m: 02:48,98 (01:28,51)   300m: 04:17,30 (01:28,32)</i> |      |                                |          |     |
|       | <i>400m: 05:42,03 (01:24,73)</i>                                                         |      |                                |          |     |
| 20.   | Laura Hartmann                                                                           | 2005 | SV Bremen 1910                 | 05:44,61 |     |
|       | <i>100m: 01:18,59 (01:18,59)   200m: 02:47,47 (01:28,88)   300m: 04:17,66 (01:30,19)</i> |      |                                |          |     |
|       | <i>400m: 05:44,61 (01:26,95)</i>                                                         |      |                                |          |     |
| 21.   | Ayleen Lang                                                                              | 2007 | Bremischer SV                  | 05:49,51 |     |
|       | <i>100m: 01:21,76 (01:21,76)   200m: 02:50,71 (01:28,95)   300m: 04:20,49 (01:29,78)</i> |      |                                |          |     |
|       | <i>400m: 05:49,51 (01:29,02)</i>                                                         |      |                                |          |     |
| 22.   | Henriette Klatte                                                                         | 2006 | Bremischer SV                  | 06:11,03 | EnM |
|       | <i>100m: 01:28,79 (01:28,79)   200m: 03:03,03 (01:34,24)   300m: 04:38,24 (01:35,21)</i> |      |                                |          |     |
|       | <i>400m: 06:11,03 (01:32,79)</i>                                                         |      |                                |          |     |
| 23.   | Marie-Sophie Krägelin                                                                    | 2008 | SGS Bremerhaven                | 06:12,03 |     |
|       | <i>100m: 01:22,55 (01:22,55)   200m: 02:58,55 (01:36,00)   300m: 04:36,38 (01:37,83)</i> |      |                                |          |     |
|       | <i>400m: 06:12,03 (01:35,65)</i>                                                         |      |                                |          |     |
| 24.   | Alia Manuszewski                                                                         | 2008 | TSV OT Bremen                  | 06:34,34 |     |
|       | <i>100m: 01:33,02 (01:33,02)   200m: 03:14,64 (01:41,62)   300m: 04:56,94 (01:42,30)</i> |      |                                |          |     |
|       | <i>400m: 06:34,34 (01:37,40)</i>                                                         |      |                                |          |     |
| 25.   | Jarla Runge                                                                              | 2008 | SV Bremen 1910                 | 06:46,58 |     |
|       | <i>100m: 01:32,91 (01:32,91)   200m: 03:16,51 (01:43,60)   300m: 05:01,74 (01:45,23)</i> |      |                                |          |     |
|       | <i>400m: 06:46,58 (01:44,84)</i>                                                         |      |                                |          |     |